

Re: Guidelines for Administering Medications at School

All medication should be given outside of school if possible. Most medications, even those scheduled for three times per day, can usually be given outside of school hours. Also, Texas state law does not permit public schools to provide Tylenol, Advil, cough preparations or other over-the-counter medications to students unless these are supplied from home (and have written parent consent). These will need to be brought in to the school clinic by the parent or guardian who will sign a "LISD Medication Card."

Medications must be:

- 1) In the original, properly labeled container (no baggies or envelopes, please!).
- 2) Up to date (check expiration date before bringing it to school), and
- 3) Age appropriate in dosage.

Self-Medication: Only high school students will be permitted carry an over the counter remedy (such as a one-day dose of Tylenol, Aleve or Midol) and only when accompanied by written parent permission (a special form is available online or in the school clinic). Medication must be in original container and up to date. Aspirin may not be taken by students under 18 without a doctor's note.

"Controlled Medications": Ritalin, Dexedrine, Concerta and Adderall and all other "controlled" or prescription medications must be brought to the clinic by a parent, guardian or responsible adult. Please do not send these medications to school with your child because of modern safety concerns. All controlled medications are counted by the school nurse and locked in a secure cabinet. All prescription medications must be in the original, properly labeled containers. The pharmacy can supply two (2) labeled bottles for this purpose. Medication sent in baggies or unlabeled containers will not be given.

Inhalers: For students who need to carry their inhalers at school, please provide a note from your medical doctor. We request that a second inhaler be kept in the clinic in the event that the student forgets the inhaler at home. All inhalers must have a label on the inhaler or be sent with the box prescription label.

If you have any questions, please call the nurse at (903)-587-4022