Leonar<mark>d</mark> Independent School

#1 Tiger Alley Leonard, TX. 75452

Student Wellness Letter

For your child's health as well as their classmates, it's important that you follow a few simple wellness rules.

- 1) A child with a fever of 100.0 and higher will be sent home, and a child who is throwing up or has diarrhea will be sent home.
- 2) If your child is sick with any of these symptoms during the night or before school, please do not send them to school.
- 3) If you detect head lice or nits in your child's hair, please contact the school so we will have the opportunity to check the entire class. To protect classmates, a student that has head lice at school will be sent home to be treated. The student may return to school once they are treated and checked by the school nurse.

A child who is sick and comes to school not only spreads an illness to other classmates and teachers, but does not feel well enough to learn and interact in class.

If your child complains of not feeling well before school, please take their temperature. If it is above average (98.6), please realize this could be the onset of more symptoms.

Remember to replace your child's toothbrush after they are ill.

Students must be free of fever, diarrhea and vomiting (without medication) for <u>24 hours</u> before he/she returns to school.