LEONARD ISD FOODSERVICE

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Leonard 4-12 Lunch September 2016

Sep 6, 2016

Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 Chicken Alfredo Popcorn Shrimp/Fish Basket Au Gratin Potatoes Green Beans Cornbread Sliced Peaches Grape Juice HS Chocolate Milk White Milk Ketchup Coctail Sauce	Sep - 2 Hamburger/All Beef Cheese Sticks Marianar Sauce Potato Smiles Fresh Oranges Apple Juice HS Jello Chocolate Milk White Milk Lettuce/Tomato Garnis Mayonnaise Mustard Ketchup
Sep - 5	Sep - 6 Pepperoni Pizza Cheese Pizza Orange Chicken Fried Rice Stir Fry Vegetables Garden Salad Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk	Sep - 7 Chicken Crispito w/ Cheese Chipotle Rice Bowl Pinto Beans Garden Salad Fresh Banana Apple Juice HS White Milk Pico De Gallo Picante Sauce	Sep - 8 Popcorn Chicken Spicy Popcorn Chicken Baked Potatoe/cheese Broccoli & Cheese Sliced Carrots Bread Sticks Pineapple Chunks Grape Juice HS Chocolate Milk White Milk Margarine Cup Sour Cream	Sep - 9 Chicken on a Bun Hot Dog Chili Dog Herb Steamed Potatoe Ranch Style Beans Fresh Oranges Side Kicks Slush Chocolate Milk White Milk Mayonnaise Mustard Ketchup
Sep - 12 Chicken Nuggets Steak Fingers Roasted Vegetables Mashed Potatoes Honey Wheat Roll Mandarin Oranges Apple Juice HS Chocolate Milk White Milk Ketchup Honey Gravy	Sep - 13 Pepperoni Pizza Cheese Pizza Spaghetti w/ sauce Green Beans Garden Salad Carrots, Baby Cucumber Slices Olives, Black Jalapenos Onions, Raw, Sliced Celery sticks Bread Sticks Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Honey Mustard Italian Dressing	Sep - 14 Tacos Steak Sandwich Refried Beans Steamed Corn Carrots with dip Fresh Banana Apple Juice Spanish Rice Chocolate Milk White Milk Sour Cream Picante Sauce Pico De Gallo Ranch Dressing	Sep - 15 BBQ Beef Sandwich Hamburger/All Beef General Tso's Sweet & Spicy Chicken Steamed Rice Roasted Sweet Potato Stir Fry Vegetables Grape Juice HS Strawberry Cups Chocolate Milk White Milk Lettuce/Tomato Garnis Garnish Mayonnaise Mustard Ketchup	Sep - 16 Chicken on a Bun Spicy Chicken on Bun Mini Corn Dog Potato Smiles Baked Beans Fresh Oranges Side Kicks Slush Chocolate Milk White Milk Lettuce/Tomato Garnis Ketchup Mustard Mayonnaise

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.

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Leonard 4-12 Lunch September 2016

Sep 6, 2016

Tuesday	Wednesday	Thursday	Friday
Sep - 20	Sep - 21	Sep - 22	Sep - 23
Pepperoni Pizza Cheese Pizza Cheesy Rotini Green Beans Garden Salad Carrots, Baby Cucumber Slices Celery sticks Jalapenos Olives, Black Onions, Raw, Sliced Bread Sticks Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Honey Mustard Italian Dressing	Nachos Bosco Sticks Marianar Sauce Pinto Beans Steamed Corn Fresh Banana Apple Juice Chocolate Milk White Milk	Chicken Alfredo Popcorn Shrimp/Fish Basket Au Gratin Potatoes Green Beans Cornbread Star Sliced Peaches Grape Juice HS Chocolate Milk White Milk Ketchup Coctail Sauce	Hamburger/All Beef Cheese Sticks Marianar Sauce Potato Smiles Fresh Oranges Apple Juice HS Jello Chocolate Milk White Milk Lettuce/Tomato Garnis Mayonnaise Mustard Ketchup
Sep - 27	Sep - 28	Sep - 29	Sep - 30
Pepperoni Pizza Cheese Pizza Orange Chicken Steamed Rice Stir Fry Vegetables Garden Salad Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk	Chicken Crispito w/ Cheese Chipotle Rice Bowl Pinto Beans Garden Salad Fresh Banana Chocolate Milk White Milk Pico De Gallo Picante Sauce	BBQ Chicken Wings Baked Potatoe/cheese Broccoli & Cheese Sliced Carrots Bread Sticks Strawberry Cups Grape Juice HS Chocolate Milk White Milk Margarine Cup Sour Cream	Chicken on a Bun Hot Dog Chili Dog Herb Steamed Potatoe Ranch Style Beans Fresh Oranges Side Kicks Slush Chocolate Milk White Milk Mayonnaise Mustard Ketchup
	Sep - 20 Pepperoni Pizza Cheese Pizza Cheesy Rotini Green Beans Garden Salad Carrots, Baby Cucumber Slices Celery sticks Jalapenos Olives, Black Onions, Raw, Sliced Bread Sticks Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Honey Mustard Italian Dressing Sep - 27 Pepperoni Pizza Cheese Pizza Orange Chicken Steamed Rice Stir Fry Vegetables Garden Salad Fresh Apple Slices Orange Juice HS Chocolate Milk	Sep - 20 Pepperoni Pizza Cheese Pizza Cheese Pizza Cheesy Rotini Green Beans Garden Salad Carrots, Baby Cucumber Slices Celery sticks Jalapenos Olives, Black Onions, Raw, Sliced Bread Sticks Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Honey Mustard Italian Dressing Sep - 27 Sep - 28 Pepperoni Pizza Cheese Pizza Orange Chicken Steamed Rice Stir Fry Vegetables Garden Salad Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Sep - 28 Chicken Crispito w/ Cheese Chipotle Rice Bowl Pinto Beans Garden Salad Fresh Banana Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk White Milk Pico De Gallo	Sep - 20 Pepperoni Pizza Cheese Pizza Cheesy Rotini Green Beans Garden Salad Carrots, Baby Cucumber Slices Celery sticks Jalapenos Olives, Black Onions, Raw, Sliced Bread Sticks Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Honey Mustard Italian Dressing Sep - 27 Pepperoni Pizza Cheese Pizza Orange Chicken Steamed Rice Stir Fry Vegetables Garden Salad Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Cheese Orange Chicken Steamed Rice Stir Fry Vegetables Garden Salad Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Ranch Dressing Cheese Orange Chicken Steamed Rice Stir Fry Vegetables Garden Salad Fresh Banana Fresh Apple Slices Orange Juice HS Chocolate Milk White Milk Chocolate Milk Grape Juice HS Sliced Carrots Stirawberry Cups Grape Juice HS Chocolate Milk Chocolate Milk White Milk Margarine Cup

USDA is an equal opportunity provider and employer

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^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.